

Court Moor, Springwoods, Crookham Sunshines Self-Service Café Snack Plan

	Monday	to	Friday
<b>Week 1</b>	<p><b>Milk &amp; Water</b>  <b>Bread Sticks, Yogurts,</b>  <b>Carrots, Cucumber</b>  <b>Apples, Bananas</b>  <b>Sliced Ham</b>  <b>Dried Fruit</b></p>		
<b>Week 2</b>	<p><b>Milk &amp; Water</b>  <b>Rice Cakes</b>  <b>Mixture of Cheeses</b>  <b>Peppers, Sugar Snap Peas</b>  <b>Apples, Melon</b>  <b>Salami</b>  <b>Dried Fruit</b></p>		
<b>Week 3</b>	<p><b>Milk &amp; Water</b>  <b>Malt Loaf, Yogurts</b>  <b>Cherry Tomatoes, Cucumber</b>  <b>Apples, Grapes</b>  <b>Chicken Roll</b>  <b>Dried Fruit</b></p>		
<b>Week 4</b>	<p><b>Milk &amp; Water</b>  <b>Crackers, Range of cheese</b>  <b>Carrots, Peppers</b>  <b>Pineapple, Apples</b>  <b>Turkey</b>  <b>Dried Fruit</b></p>		