

Court Moor Playgroup & Crookham Sunshines Preschool Self-Service Café Snack Plan

	Monday to Friday
Week 1	Milk & Water Bread Sticks Yogurts Cucumber Apples/Bananas Dried Fruit
Week 2	Milk & Water Rice Cakes Cheese Peppers Apples/Oranges Dried Fruit
Week 3	Milk & Water Malt Loaf Yogurts Cherry Tomatoes Apples/Bananas Dried Fruit
Week 4	Milk & Water Crackers Philadelphia Carrots Apples/Grapes Dried Fruit